

## Case Report

# Role of Thyroidinum (sarcode) as an intercurrent remedy in treating various cases of Hypothyroidism

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## ABSTRACT

As we all know that Hypothyroidism is going to be increased in 21st century. Homoeopathic sarcode like Thyroidinum can play an important role in treating cases of Hypothyroidism. An observational retrospective study was undertaken to study the impact of Thyroidinum as an intercurrent remedy. I have taken 40 cases for study & evaluated all cases with evidence of laboratory report at the interval of 3 months up to 1 year. In my clinical study I have seen that in various hypothyroid cases it worked very well as an intercurrent remedy with constitutional remedy from lower to higher potency. I got significant result in 31 cases, no result in 9 cases. So, I have found that we can increase our efficacy of result with use of 'Thyroidinum' as an intercurrent remedy.

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## 1. Introduction

### 1.1. Sarcodes

Sarcodes may be used according to the similimum or as a prophylactic. A sarcode is a homeopathic remedy prepared from healthy tissues or secretions, so it has the healing potential of healthy tissue.<sup>1-3</sup>

### 1.2. Thyroidinum

Dried thyroid gland of the sheep or calf is used for the preparation. In Thyroidinum all characteristics are related to all functional qualities of the thyroid gland.

The genius of this remedy is functional imbalance in metabolism and mal-adjustments, excessive fast or slow-paced reactions at all levels, physicals and generals.

### 1.3. Generalities

1. Desire for sweets.	15
2. Thirst for cold water.	16
3. Patient is chilly.	17
4. It is a right-sided remedy.	18
5. Useful in deficient milk secretion specially when associated with return of menses.	19
6. Aggravation from – Cold exposure, least exertion. Amelioration from – Lying on abdomen.	20

### 1.4. Mind

Acute stupor alternating with restless melancholy. State of idiocy, fearful nightmares. Irritable and ill-tempered; worse on least opposition.

## 2. Intercurrent Medicine

Intercurrent remedy that remedy which is given in the course of treatment of the patient.

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30 **2.1. Useful for**

31 Given for some chronic diseases for the purpose of...  
 32 Removing any acute diseases OR accelerating the mode  
 33 of cure OR removing any hindrances called Miasmatic  
 34 Blocks.<sup>4-6</sup>  
 35 During treatment, in some chronic cases despite of a well  
 36 selected remedy improvement ceases after a time because of  
 37 deficient reaction OR diminished susceptibility.

38 Sometimes well selected medicine doesn't act, indicates  
 39 – Intercurrent Remedy.

40 It is given in Higher potency like 200, 1M, 10M  
 41 We can use NOSODES & SARCODES as an  
 42 Intercurrent Remedy.

43 Ex:

44 1. H/o Tuberculosis in patient or family – Bacillimum &  
 45 Tuberculimum  
 46 2. Chronic dry cough – Whooping cough – Pertusinum  
 47 3. Recurrent Boils – Anthracinum  
 48 4. Recurrent Typhoid – Typhoidinum  
 49 5. In Allergic cases – Histaminum  
 50 6. In Thyroid cases – Thyroidinum

51 **3. Aim & Objectives**

52 To study effect of Intercurrent Remedy in chronic cases  
 53 To study effect of “THYROIDINUM” in case of  
 54 Hypothyroidism  
 55 To study effect of Intercurrent Remedy with  
 56 Constitutional Medicine

57 **4. Data Analysis**

58 An observational retrospective study was undertaken to  
 59 study the impact of Thyroidinum as an intercurrent remedy.  
 60 I have taken 40 cases for study & evaluated all cases with  
 61 evidence of laboratory report at the interval of 3 months up  
 62 to 1 year. In my clinical study I have seen that in various  
 63 hypothyroid cases it worked very well as an intercurrent  
 64 remedy with constitutional remedy from lower to higher  
 65 potency. I got significant result in 31 cases, no result in 9  
 66 cases. So, I have found that we can increase our efficacy  
 67 of result with use of ‘THYROIDINUM’ as an intercurrent  
 68 remedy.

69 **5. Observation & Analysis**

70 **6. Discussion**

71 The study was done in my private clinic “Om Homeopathic  
 72 Clinic, Surat”. I have taken 40 cases for study & evaluated  
 73 all cases with Evidence of report at the interval of 2-  
 74 3 months. The clinical condition of the patient was  
 75 understood & keeping in mind the stages of disease &  
 76 severity of disease, even their presentation after taking  
 77 Tab. Thyronorm. The Tissue Susceptibility, Sensitivity,

**Table 1: Age group**

Age	No. of cases
0-10	01
11-20	03
21-30	18
31-40	11
41-50	05
51-60	02

**Table 2: Sex group**

Gender	No. of cases
Male	06
Female	34

**Table 3: Result analysis**

Result	No. of cases
Significant improvement	22
Moderate improvement	08
No improvement	06
Left the treatment	04

Miasmatic presentation were understood before & after the  
 78 Allopathic Treatment. 79

This study deals with various complex cases & concept  
 80 about Intercurrent Remedy. Many questions were raised in  
 81 my mind regarding Intercurrent Remedy. I found that many  
 82 of the cases that I saw during my training period have  
 83 been complex with multiple dimensions & few very simple  
 84 cases but they responded very well to THYROIDINUM  
 85 as an Intercurrent Remedy. So, it becomes important to  
 86 know that such cases can be managed more effectively &  
 87 confidently by Constitutional Medicine with proper use of  
 88 Intercurrent Remedy like “THYROIDINUM” Thus, I have  
 89 selected 40 cases of Hypothyroidism from my clinic “Om  
 90 Homeopathic Clinic” An observational retrospective study  
 91 was undertaken to study the impact of Intercurrent Remedy  
 92 with Constitutional Medicine. 93

**7. Summary and Conclusion**

1. Hypothyroidism can be treated by Homeopathic Constitutional Medicine but I have found that we got fast results after given “THYROIDINUM” as an Intercurrent Remedy. 95  
 96  
 97
2. Intercurrent Remedy always used in 200 & 1 M 99  
 100 potency
3. We can be treated Subclinical Hypothyroidism to 101 Advanced stage of Hypothyroidism with help of 102 Intercurrent Remedy “THYROIDINUM” 103
4. We got marvelous result in every ages & both sex by 104 using THYROIDINUM as an Intercurrent Remedy. 105

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<sup>107</sup> None.

<sup>108</sup> **9. Conflict of Interest**

<sup>109</sup> None.

<sup>110</sup> **References**

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