



## Case Report

# Role of Thyroidinum (sarcodes) as an intercurrent remedy in treating various cases of Hypothyroidism

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## ABSTRACT

As we all know that Hypothyroidism is going to be increased in 21st century. Homoeopathic sarcodes like Thyroidinum can play an important role in treating cases of Hypothyroidism. An observational retrospective study was undertaken to study the impact of Thyroidinum as an intercurrent remedy. I have taken 40 cases for study & evaluated all cases with evidence of laboratory report at the interval of 3 months up to 1 year. In my clinical study I have seen that in various hypothyroid cases it worked very well as an intercurrent remedy with constitutional remedy from lower to higher potency. I got significant result in 31 cases, no result in 9 cases. So, I have found that we can increase our efficacy of result with use of 'Thyroidinum' as an intercurrent remedy.

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## 1. Introduction

### 1.1. Sarcodes

Sarcodes may be used according to the similimum or as a prophylactic. A sarcodes is a homeopathic remedy prepared from healthy tissues or secretions, so it has the healing potential of healthy tissue.<sup>1-3</sup>

### 1.2. Thyroidinum

Dried thyroid gland of the sheep or calf is used for the preparation. In Thyroidinum all characteristics are related to all functional qualities of the thyroid gland.

The genius of this remedy is functional imbalance in metabolism and mal-adjustments, excessive fast or slow-paced reactions at all levels, physicals and generals.

### 1.3. Generalities

1. Desire for sweets. 15
2. Thirst for cold water. 16
3. Patient is chilly. 17
4. It is a right-sided remedy. 18
5. Useful in deficient milk secretion specially when associated with return of menses. 19
6. Aggravation from – Cold exposure, least exertion. Amelioration from – Lying on abdomen. 22

### 1.4. Mind

Acute stupor alternating with restless melancholy. State of idiocy, fearful nightmares. Irritable and ill-tempered; worse on least opposition. 24

## 2. Intercurrent Medicine

Intercurrent remedy that remedy which is given in the course of treatment of the patient. 28

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2.1. Useful for

Given for some chronic diseases for the purpose of. . .  
Removing any acute diseases OR accelerating the mode  
of cure OR removing any hindrances called Miasmatic  
Blocks.<sup>4-6</sup>  
During treatment, in some chronic cases despite of a well  
selected remedy improvement ceases after a time because of  
deficient reaction OR diminished susceptibility.  
Sometimes well selected medicine doesn't act, indicates  
– Intercurrent Remedy.  
It is given in Higher potency like 200, 1M, 10M  
We can use NOSODES & SARCODES as an  
Intercurrent Remedy.  
Ex:  
1. H/o Tuberculosis in patient or family – Bacillinum &  
Tuberculinum  
2. Chronic dry cough – Whooping cough – Pertusinum  
3. Recurrent Boils – Anthracinum  
4. Recurrent Typhoid – Typhoidinum  
5. In Allergic cases – Histaminum  
6. In Thyroid cases – Thyroidinum

3. Aim & Objectives

To study effect of Intercurrent Remedy in chronic cases  
To study effect of “THYROIDINUM” in case of  
Hypothyroidism  
To study effect of Intercurrent Remedy with  
Constitutional Medicine

4. Data Analysis

An observational retrospective study was undertaken to  
study the impact of Thyroidinum as an intercurrent remedy.  
I have taken 40 cases for study & evaluated all cases with  
evidence of laboratory report at the interval of 3 months up  
to 1 year. In my clinical study I have seen that in various  
hypothyroid cases it worked very well as an intercurrent  
remedy with constitutional remedy from lower to higher  
potency. I got significant result in 31 cases, no result in 9  
cases. So, I have found that we can increase our efficacy  
of result with use of ‘THYROIDINUM’ as an intercurrent  
remedy.

5. Observation & Analysis

6. Discussion

The study was done in my private clinic “Om Homeopathic  
Clinic, Surat”. I have taken 40 cases for study & evaluated  
all cases with Evidence of report at the interval of 2-  
3 months. The clinical condition of the patient was  
understood & keeping in mind the stages of disease &  
severity of disease, even their presentation after taking  
Tab. Thyronorm. The Tissue Susceptibility, Sensitivity,

Table 1: Age group

Age	No. of cases
0-10	01
11-20	03
21-30	18
31-40	11
41-50	05
51-60	02

Table 2: Sex group

Gender	No. of cases
Male	06
Female	34

Table 3: Result analysis

Result	No. of cases
Significant improvement	22
Moderate improvement	08
No improvement	06
Left the treatment	04

Miasmatic presentation were understood before & after the  
Allopathic Treatment.

This study deals with various complex cases & concept  
about Intercurrent Remedy. Many questions were raised in  
my mind regarding Intercurrent Remedy. I found that many  
of the cases that I saw during my training period have  
been complex with multiple dimensions & few very simple  
cases but they responded very well to THYROIDINUM  
as an Intercurrent Remedy. So, it becomes important to  
know that such cases can be managed more effectively &  
confidently by Constitutional Medicine with proper use of  
Intercurrent Remedy like “THYROIDINUM” Thus, I have  
selected 40 cases of Hypothyroidism from my clinic “Om  
Homeopathic Clinic” An observational retrospective study  
was undertaken to study the impact of Intercurrent Remedy  
with Constitutional Medicine.

7. Summary and Conclusion

- Hypothyroidism can be treated by Homeopathic  
Constitutional Medicine but I have found that we  
got fast results after given “THYROIDINUM” as an  
Intercurrent Remedy.
- Intercurrent Remedy always used in 200 & 1 M  
potency
- We can be treated Subclinical Hypothyroidism to  
Advanced stage of Hypothyroidism with help of  
Intercurrent Remedy “THYROIDINUM”
- We got marvelous result in every ages & both sex by  
using THYROIDINUM as an Intercurrent Remedy.

## 106 8. Source of Funding

107 None.

## 108 9. Conflict of Interest

109 None.

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